

COMPANY REGISTRATION NUMBER: 05639458
CHARITY REGISTRATION NUMBER: 1112691

The Source Young People's Charity
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2018

The Source Young People's Charity

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2018

	Page
Trustees' annual report (incorporating the director's report)	1
Independent examiner's report to the Trustees	13
Statement of financial activities (including income and expenditure account)	14
Statement of financial position	15
Notes to the financial statements	16

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2018

The Trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2018.

Reference and administrative details

Registered charity name The Source Young People's Charity

Charity registration number 1112691

Company registration number 05639458

Principal office and registered office Suite 3, Wesley Chambers
Queens Road
Aldershot
Hampshire
GU11 3JD

The Trustees

Dr J Johnston	Chair
Mr J Cook	
Mrs S Wiggam	
Mr T Heys	
Dr B Bird	
Mr K Gaut	(Resigned 19 February 2018)

Company Secretary Dr Eleanor Jones

Founder Mrs Jo Emett

Independent examiner Thomas McManners BSC ACA ACMI

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Structure, governance, management and objectives

Structure

The Source Young Peoples' Charity is a Registered Charity and a Charitable Company (limited by guarantee).

The Governing Document of The Source is the Memorandum and Articles of Association Dated 29th November 2005 which was amended in January 2011.

Governance

The Source Young People's Charity is an independent charity and is not affiliated to any other organisation.

The Members of The Source Young People's Charity are the Trustees and the legal minimum number of Trustees is three.

The Board of Trustees may by ordinary resolution appoint a person who is willing to act to be a Trustee.

New Trustees are recruited through local publicity (e.g. through the website, volunteering sites and newsletters). Applicants undergo a comprehensive recruitment procedure which focuses on the skills, knowledge and experience of applicant and the needs of the Charity.

The induction of new Trustees includes: shadowing with staff and volunteers, site visits, mentoring from a Trustee and formal and in-house training. All Trustees also receive ongoing formal and in-house training as part of their ongoing development.

Board meetings are held at least quarterly (although usually more frequently). At Board meetings governance, strategic plans, operational plans, policies, risk assessments, budgets etc are reviewed and decisions made.

Management

The Senior Manager is Dr Eleanor Jones, Director (who is also Company Secretary). The Director is responsible for implementing the decisions made at Board meetings, reporting back to The Board on all Governance and Management issues and ensuring The Source's work is fully resourced and carried out to the highest standard. The Director receives regular supervision from the Chair at least every 6 weeks (although usually more frequently).

Objectives

The Source Young People's Charity (The Source) is an inclusive, local, Christian Charity that supports and empowers vulnerable and disadvantaged young people aged up to 25 years living in North East Hampshire and surrounding areas. We celebrate diversity and our services are open and suitable to everyone regardless of belief or background.

In our Memorandum and Articles of Association our objectives are:

'The provision of facilities for recreational and other leisure-time occupation, including but not by way of limitation the provision of education and training in life skills in the interests of social welfare for persons who have need by reason of their youth, poverty or social and economic circumstances and with the object of improving their condition of life in Aldershot, Hampshire and in such other parts of the United Kingdom as the Trustees from time to time think fit.'

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Through our bespoke 1-1 programmes of Anger Management, Counselling, Mentoring, Youth Work, and Support for Young Parents, typical transformational outcomes achieved for young people include:

- reaching emotional stability with the emotional intelligence, self-esteem and resilience they need to transform their lives
- improving relationships and communication with family and partners with appropriate boundaries and an appropriate social circle of supportive and positive friendships
- stability in all areas of life through:
 - stopping their risky, criminal and anti-social behaviour
 - stopping their substance misuse and stabilising their mental health issues
 - those at risk of exploitation becoming aware of their vulnerabilities and taking steps to keep themselves safe from exploitation
 - fully engaging with all the services they need e.g. Substance Misuse Services, Probation, Housing, Mental Health Services and Social Services
 - those who were at risk of homelessness stabilising their accommodation issues
 - resolving their education issues and achieving the qualifications they need
 - developing healthier lifestyles - including good sleeping, exercise and eating routines
 - becoming work ready with aspirations for their future
- the children of young parents being transferred from Child Protection Plans to Child in Need Plans due to their parent's progress in meeting the requirements of their plan.

Achievements this year

Details and stories from each programme are given below, but in summary in 2017/2018 we have:

1. Built our partnership working which has led to Simon Mahony our Lead Counsellor receiving a Safer North Hampshire Community Safety Award for his exceptional work preventing vulnerable young people spiralling into offending and antisocial behaviour. Thank you to Step by Step for the nomination
2. Developed strong referral networks with Creating Futures (a local Youth Charity) with the support of The Blagrove Trust
3. Refocused our Young Parent Mentoring Programme with the support of The Emma Campbell Trust following Yvonne Hannington's decision to retire from the Co-ordination element of her role
4. Built our Detached Youth Work capacity through recruiting Chelsea Loynes as our second Detached Youth Worker
5. Expanded our Mentoring capacity through recruiting and training more Volunteer Mentors
6. Expanded our Anger Management Programme to include long term Anger Management support for young parents with the support of The Broadhurst Trust
7. Expanded income generation through greater local publicity for BikeStart, which led to an increase in donations of bikes, recruitment of more BikeStart volunteers, increased sales and more servicing of bikes
8. Reviewed our policies and procedures and upgraded our IT and data protection systems in preparation for GDPR.

The Future

In 2018/2019 we will be focusing on building our ability to meet the needs of vulnerable young people by:

- continuing to build capacity in our Anger Management Programme
 - developing our mentoring work
 - offering parenting support and/or counselling to parents challenged by the complex needs of their teenagers
 - expanding and developing BikeStart, our social bike project.
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The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Counselling

During 2017/18 our Counselling Service provided a therapeutic and thinking space for 33 young people with a wide range of issues including: psychosis, self-harm, eating dysfunction, depression, anxiety, debilitating low mood, suicidal thoughts, issues related to living in a new culture, issues related to school and issues related to family situations. All these young people:

- maintained or improved their mental health
- built emotional intelligence
- increased their resilience
- enhanced their thinking skills and their ability to manage their emotions.

Abby's Story (name has been changed)

Abby had received a warning that she might be evicted from her accommodation if her behaviour didn't improve. She often found herself at the centre of arguments and fights and was constantly drawn into dramas and created upset wherever she went.

Through taking time to talk about her memories of being in an angry and chaotic household as a child she saw that this was her "normal". We enabled Abby to take a hard look at her life and see that the repeating patterns established in her childhood did not suit the life she wanted for herself as a young adult. She was supported to make brave choices and imagine a life of calm with quality relationships and a clear picture of what she did, and what she did not need, to feel happy and emotionally in control.

Abby made changes to her social circle and accepted that a quieter social life and short spells alone was in her best interests until she could make new friends that didn't feed the drama cycle. She also started to spend more quality time with her mum and learned to manage her expectations of her family to avoid the disappointments of the past when she had often felt overlooked and ignored. Abby's accommodation is now secure, and she is continuing her education at college (something she never thought she could achieve).

Don's Story (name has been changed)

Don was behaving aggressively and causing disruption at school, using offensive language and starting fights. He was starting to get regular exclusions from school and had a poor relationship with his father.

Don was given opportunities to talk about what made him unhappy, upset and angry and to think about how his behavior was affecting those around him. Don was able to express some very difficult feelings going back to when his father left the family home. Don's behavior has now calmed down and communication has improved between him and his parents.

Thank you very much to our Supporters, Fluor Ltd, Hampshire Clinical Commissioning Groups (via the Hampshire Youth Access Consortium led by No Limits), Hampshire County Council, One Stop Carriers for Causes, Santander Foundation, Tesco Bags of Help, United Way UK Give Local, Zurich Community Trust, for funding this work.

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Anger Management

Our Anger Management Programme enables young people to manage their emotions, understand their feelings and learn to deal with difficult situations. Typically, these young people have:

- overwhelming angry feelings that they are struggling to contain and manage
- demonstrated their anger with aggressive or violent behaviour
- are starting to see the consequences of their anti-social / aggressive / risky behaviour.

In 2017/18 our Anger Management programme supported and empowered 32 young people to:

- build emotional intelligence, self-awareness, self-esteem and self-confidence
- build a positive outlook for their life and their future
- learn how to manage difficult feelings and reduce their stress and anxiety
- understand the deeper roots of their angry feelings and see the link between their fearful feelings and their aggressive behaviour
- learn Anger Management strategies and assertive communication skills to manage confrontations positively (rather than passively or aggressively) and avoid conflict
- build stability in all areas of their lives (e.g. accommodation & school/college)
- reduce or abstain from substance misuse and antisocial/criminal behaviour
- build strong relationships with their parents/carers, families and friends
- develop healthier lifestyles including hobbies and good sleeping, eating and exercise routines.

Ben's Story (name has been changed)

Ben believed he was turning out just like his dad and that there was nothing he could do to change. We worked at reassuring Ben that he had self-determination about his choices and actions. We liaised with his school to put in place anger plans and with his mum to introduce an anger plan for home. These plans included a range of self-calming and time out strategies where Ben could make different choices and avoid the escalations he was finding upsetting and exhausting. Through his Anger Management Programme Ben has improved his attitude, become more co-operative and relaxed and has improved his lifestyle. Consequently, his relationships with his mum, family, school friends and teachers have improved and he is doing well at school.

Catherine's Story (name has been changed)

Catherine felt estranged from everyone and "too different" and was jealous of her older sister. We gave Catherine the space she needed to vent her anger safely and to reflect on the impact of her behaviour. Catherine was able to see that the root of her anger was the breakdown of her parents' marriage and how she blamed her mother. Through creative expression Catherine was able to think about the type of relationship she wanted with her mother and took steps to make it happen. Catherine's aggressive outbursts have now ceased and her relationship with her mother is improving.

Thank you very much to our Supporters, Awards for All, The Blagrove Trust, Community Foundation for Surrey – Dancer Fund, Hampshire Clinical Commissioning Groups (via the Hampshire Youth Access Consortium led by No Limits), Hampshire County Council, for funding this work.

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Mentoring

Our Mentoring work supports vulnerable and disadvantaged young people with multiple and complex needs who are not capable of appropriately engaging with the traditional support services due to their poor social and communication skills, chaotic behaviour and poor past experiences with other agencies. It tackles the consequent blocks and resistances they have developed to traditional forms of support. Typically, these young people are at risk of being: exploited, exploiting others, becoming street homeless (through failing to meet their tenancy requirements), not meeting their probation criteria, spiralling into the criminal justice system and/or becoming more involved with gang culture.

In 2017/18 30 highly vulnerable and disadvantaged young people with complex needs and chaotic lifestyles receives a bespoke programme of 1-1 support. Without this intervention:

- At least 15 of these young people would have continued to spiral in their chaotic lifestyles, which would mostly likely have led to 9 receiving prison sentences, 4 being exploited and 2 being hospitalised due to their mental health issues
- 1 may have had his children taken into care
- 2 would have continued to be at risk of serious harm to self
- 2 would have been in danger of relapse for substance misuse
- 4 would have been at risk of family breakdown due to their domestic abuse
- 5 would have been at risk of coming out of the education system completely.

Through their mentoring programmes we are delighted to report the following outcomes:

- 1 young person is no longer taking drugs or committing crimes and is now in supported accommodation rather than sofa surfing.
- 1 young person is no longer sofa surfing and is now in private rented accommodation, has moved from one-off jobs to full-time stable employment and has stopped committing domestic violence.
- 1 young person is no longer sofa surfing, is now living in supported accommodation and is no longer involved in gang culture.
- 1 has reduced his violent behaviour in the community and avoided further involvement with the criminal justice system.
- 1 young person successfully stayed in recovery from drugs.
- 2 young people successfully transitioned from supported accommodation to residential drug programmes.
- 1 young person built his confidence and has a healthier relationship with the mother of his children and is now in employment.
- 1 young person is no longer taking drugs or sofa surfing and has moved back home.
- 1 young person is no longer self-harming.
- 1 young person has overcome her anxieties and is now in full time employment.
- 1 young person has left an abusive situation and is now living in supporting lodgings.
- 1 young person has managed to stay in education and now also has a part time job.
- 1 young person has learned to understand her learning difficulties and assert what she needs both at home and in school, and is consequently less socially isolated.
- 1 young person now has a diagnosis and his mental health has stabilised, he is no longer self-harming, has now moved out of supported accommodation and back into the family home.
- 1 young person who wouldn't engage with medical services now has a formal diagnosis for his mental health issues and is fully engaging with Community Mental Health Services.

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

- 1 young person is now no longer running away from his foster care and school. He has gone from less than 20% school attendance to 100% school attendance.
- 1 young person is no longer taking drugs and is now in college (he had previously been excluded from school).
- 1 has managed to avoid permanent exclusion from school and has engaged with substance misuse support services

David's Story (name has been changed)

David was referred by his school as he was either not turning up, or leaving school as soon as he arrived to wander the streets with much older lads. We worked with David around his engagement with school and Children's Services and helped him to understand his childhood experiences.

Through our support David was able to engage with his studies and finish school, fully participate in his life and the decisions around his future and make plans to go to college.

Eddie's Story (name has been changed)

Eddie's mother left when he was 2 and he was brought up by his dad, who remarried and moved away when he was 16. Eddie first went to prison aged 16 for assault and has been in prison several times since, he never completed a probation period or engaged well with the support offered to him. Eddie has a history of violence and domestic violence while under the influence of alcohol. Eddie has children with several different mothers who all felt he was a bad father. Eddie was living in unsuitable overcrowded accommodation due to his aggressive behaviour preventing him from maintaining a tenancy in rented accommodation.

Through our support Eddie has stabilised his life and engaged appropriately with the support services he needed. Eddie is now working, stably living in rented accommodation, has stopped misusing alcohol and is consequently no longer offending. He has completed his probation period and unpaid work order, has improved his communication with the mothers of his children and now sees all of his children weekly, and sometimes at the same time so that the siblings can start to get to know each other.

Frankie's Story (name has been changed)

Frankie started smoking weed, he then started hanging around with older drug users and drug dealers, he got into debt with the drug dealers and consequently was exploited as a drug runner. He was in and out of Young Offender Institutions for drug related crimes and violence. Through our support Frankie is now no longer involved in substance misuse, crime or anti-social behaviour. He now has a job, stable accommodation, a stable relationship and is planning to train to be a Youth Worker.

Thank you to our Supporters, The Blgrave Trust, Community Matters Partnership Project – Youth Aspirations Fund, Hampshire County Council, The Jerusalem Trust, People's Postcode Fund and Police Crime Commissioner for Hampshire – Safer Communities Fund, for funding this work.

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Support for Young Parents

We have developed a highly effective programme for vulnerable Young Parents with complex situations. Typically they:

- struggle to make healthy choices due to their vulnerability
- have low aspirations due to their family circumstances
- have been through the care system or been a young carer to a parent.

During their bespoke mentoring programme (for typically 12 months) young parents build their:

- emotional intelligence, emotional stability and knowledge of what their issues and triggers are and how to manage them
- mental health and ability to care for themselves with the ability to get help when they need it
- self-esteem, self-worth and self-confidence
- ability to express their feelings appropriately
- relationships and communication with their partner, families and in-laws with appropriate boundaries
- work readiness and aspirations for work
- effective and appropriate engagement with relevant services such as Adult Mental Health services, parent and child groups, teachers, social services, GPs and their Children's Schools.

In 2017/2018 we supported and empowered 5 young parents to reach emotional stability and learn the parenting skills, strategies and plans they needed to keep their children safe, put their children first and ensure their children's needs were met.

Gwen's Story (name has been changed)

Gwen was struggling to cope following serious traumas in her life. We empowered Gwen to ensure her children got the support needed at school, to engage with domestic abuse support and to learn new ways to manage her children's behaviour at home. Gwen has gained a whole new attitude towards her life and now has the confidence to ask for and engage with help and support services. Gwen is now a good parent who positively and creatively parents her children and always ensures their needs are met.

Helen's Story (name has been changed)

Helen's Mentor supported her through her professional meetings and parenting assessments. Throughout this process Helen's mentor ensured that she understood the process and what was expected of her, what she had done well and what she still needed to achieve.

Helen, and her partner, successfully met all expectations and a now a happy family. Helen has learnt she can trust certain adults to be a reliable source of support and now feels that she is a valuable and important person.

Thank you to our Supporters, Hampshire County Council and The Emma Campbell Trust, for funding this work.

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Sometimes the Young Parents we empower require additional support to address their angry feelings and aggressive behaviour. We are very grateful to The Broadhurst Trust for funding a pilot programme of long-term (up to 18 months) bespoke 1-1 Anger Management for Young Parents. In 2017/18 5 young parents started their long-term Anger Management programmes.

Ian's Story (name has been changed)

Ian was highly anxious, struggling to sleep and desperate for help with meeting the needs of his daughters.

Through his Anger Management Programme Ian is now much happier and less anxious. He is now communicating more assertively and productively with his former partner about how they share the parenting of their daughters.

Ian has learnt that people respond well and treat him with respect when he is being open, honest and says clearly what he wants and needs. His anger about his life and the hopelessness he was feeling have diminished as he has learnt new skills and coping mechanisms and he feels differently about himself and life in general.

Our Training Courses for Professionals

We are known for our expertise in early recognition of emerging issues, setting up programmes to meet the needs, sharing this knowledge with other agencies and for our training programmes for volunteers and professionals working with young people.

In December 2017 we delivered a 2-day Anger Management training courses to 5 professionals working with young people,

In January 2018 we delivered a 2-day anger management training course to 14 members of Hampshire Youth Offending Team.

In February 2018 we delivered a 1 day anger management workshop to over 100 professionals at a forum at Rushmoor Borough Council.

Feedback included:

- "This gives me fully planned sessions I will use in school regularly in a way students can understand."
- "Very clear and engaging course, with sessions I can adapt to meet my clients' needs."
- "Offers lots of strategies on how to work with my clients."

The Source Young People's Charity

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Detached Youth Work

In 2017/18 through over 110 sessions of Detached Youth Work in parks, town centres and youth clubs we engaged and supported 265 of the hardest to reach local young people and provided basic information and signposting to 495 young people.

Our Detached Youth Work gave young people a safe space to learn how to communicate and interact with professionals, find out about services and statutory systems and see the value of engaging and talking with professionals who are trying to support them. We listened, helped young people to think about what they are doing, facilitated brainstorming around their dilemmas and named the emotions they were feeling to help them communicate their feelings with their family, school and professionals.

Feedback we received included:

- 'I love you guys coming down, you will talk to us about anything.'
- 'You don't tell me what to do. You help me make my own mind up. No one else is doing that.'
- 'You take the time to explain what the court means and what the process of court is going to look like. I am now less anxious.'
- "Now I know what might happen if I behave in a certain way. It was nice to ask questions without worry of incrimination." (the group were lighting fires in garages)
- "Before we talked to you we didn't have a clear understanding of when to talk to the police. Now we will report when our friends need protection." (the group were concerned about people they knew who carried knives)"
- You are really easy to talk to and not judgemental."
- "I can tell you are actually interested in what I have to say."
- "You are the first person to talk to me like an adult and ask me what I want."
- "I find you so much help that I have told my friends to contact you."
- "I feel better knowing I can always contact you."
- "You get me, you listen, and you really help me."
- "It's nice to speak to someone that understands what I am going through."

Examples of our Detached Youth Work in 2017/18

We enabled over 30 young people to understand the Statutory Services they were involved with e.g. Criminal Justice System, Children's Services and Community Mental Health Services. This enabled these young people to understand how these services could help them, understand the processes they were involved with and relieved the anxiety and confusion they were feeling about these services.

The day after the body of a new-born baby was found in Manor Park in Aldershot we let young people express their feelings and ensured they knew the facts and how to report any information they had to the Police.

Following the murder of a young person on the Prospect Estate in Farnborough we gave local young people the space they needed to process their feelings and emotions and to understand the implications for the suspects charged with the offence.

Thank you to our Donors, everyone who has supported BikeStart, Hampshire County Council and Police Crime Commissioner for Hampshire – Safer Communities Fund, for funding this work.

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Financial review

At the end of the year, the financial results include donations, grants and legacy income amounting to £131,500 (2017: £140,045), of which £68,226 (2017: £47,729) was restricted income. Activities for generating income, which consists of income from Bike Start, counselling services and other income amounted to £30,376 (2017: £27,799). This resulted in total income for the year amounting to £161,876 (2017: £167,844).

The total resources expended were kept under tight control, and amounted to £172,727 (2017: £154,051) The overall excess of expenditure over income for the year amounted to £10,851 (2017: surplus of £13,794).

Donations & Support

On behalf of The Source Team, I would particularly like to thank:

All our incredible supporters and volunteers whose generosity means so much to us and to the young people we support.

The local churches, businesses and societies who have donated funds towards our work:

Aldershot Town Football Club, Barclays Bank Fleet Branch, Bellway Housing Association, BP, Farnborough Baptist Church, The Farnham Hedgehogs, Flight Safety, Goldman Sachs, Holy Trinity Church - Aldershot, HRG, Muller Milk & Ingredients UK, Mychett Ministries, NatWest Aldershot Branch, Park Church - Aldershot, The Rotary Club of Aldershot, The Rotary Club of Farnborough, Rushmoor Community Lottery, St Peter's Church - Farnborough, TAG Farnborough Airport, Tuesday@2, Waitrose Community Matters (Fleet and Farnham) and Weybourne Fellowship.

The organisations that have supported us through their grant programmes:

Awards for All, The Blagrave Trust, Broadhurst Trust, Community Foundation for Surrey - Dancer Fund, Co-op Local Community Fund, The Emma Campbell Trust, Fluor Ltd, Garfield Weston Foundation, Hampshire County Council, The Jerusalem Trust, People's Postcode Trust, The Police Crime Commissioner's Safer Communities Fund, Santander Foundation, The Souter Trust, Tesco Bag of Help Scheme, United Way UK Give Local/Costco, Zurich Community Trust

Grainger plc for donating premises for BikeStart (our social bike project which raises funds for our youth work) and to Acrobat Vehicle Rental Ltd for our BikeStart van.

Rushmoor Borough Council for their ongoing support for our work.

To Dr Olive O'Dowd-Booth for running The Marriott's Way Marathon to raise funds for our Counselling work and to everyone else who supported our fundraising events particularly our Asian Extravaganza.

Last, but by no means least, the Trustees wish to thank our Director, Dr Eleanor Jones, and all the staff for all they do. We are also grateful to those who have moved on to new things this year. Kevin Gaut for his 18-years service to The Source in a variety of roles, latterly as Trustee, Christine Jeffrey for her support for our Detached Youth Work, Di Wood for her work building our Counselling programme, Yvonne Hannington for her work co-ordinating our Young Parents Mentoring Programme.

The Source Young People's Charity

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2018

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 4 October 2018 and signed on behalf of the board of trustees by:

A handwritten signature in black ink, appearing to read 'Jos Johnston', with a horizontal line underneath it.

Dr Jos Johnston
Chair

The Source Young People's Charity

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of The Source Young People's Charity

Year ended 31 March 2018

I report to the trustees on my examination of the financial statements of The Source Young People's Charity ('the charity') for the year ended 31 March 2018.

Responsibilities and basis of report

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Thomas McManners BSC ACA ACMI
Independent Examiner
4 October 2018

The Source Young People's Charity

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2018

		Unrestricted funds	2018 Restricted funds	Total funds	2017 Total funds
	Note	£	£	£	£
Income and endowments					
Donations and legacies	5	63,274	68,226	131,500	140,045
Charitable activities	6	21,744	–	21,744	25,299
Other trading activities	7	8,632	–	8,632	2,500
Total income		<u>93,650</u>	<u>68,226</u>	<u>161,876</u>	<u>167,844</u>
Expenditure					
Expenditure on raising funds:					
Costs of raising donations and legacies	8	2,518	–	2,518	–
Expenditure on charitable activities	9,10	96,695	73,514	170,209	154,050
Total expenditure		<u>99,213</u>	<u>73,514</u>	<u>172,727</u>	<u>154,050</u>
Net (expenditure)/income and net movement in funds					
		<u>(5,563)</u>	<u>(5,288)</u>	<u>(10,851)</u>	<u>13,794</u>
Reconciliation of funds					
Total funds brought forward		46,890	5,288	52,178	38,384
Total funds carried forward		<u>41,327</u>	<u>-</u>	<u>41,327</u>	<u>52,178</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The notes on pages 16 to 24 form part of these financial statements.

The Source Young People's Charity

Company Limited by Guarantee

Statement of Financial Position

31 March 2018

	Note	2018 £	2017 £
Fixed assets			
Tangible fixed assets	15	434	434
Current assets			
Stocks	16	210	210
Debtors	17	15,888	21,349
Cash at bank and in hand		45,513	31,864
		<u>61,611</u>	<u>53,423</u>
Creditors: amounts falling due within one year	18	<u>20,718</u>	<u>1,680</u>
Net current assets		<u>40,893</u>	<u>51,743</u>
Total assets less current liabilities		<u>41,327</u>	<u>52,177</u>
Net assets		<u>41,327</u>	<u>52,177</u>
Funds of the charity			
Restricted funds		-	5,288
Unrestricted funds		<u>41,327</u>	<u>46,890</u>
Total charity funds	20	<u>41,327</u>	<u>52,178</u>

For the year ending 31 March 2018 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 4 October 2018, and are signed on behalf of the board by:



Dr Jos Johnston
Chair

The notes on pages 16 to 24 form part of these financial statements.

The Source Young People's Charity

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2018

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Suite 3, Wesley Chambers, Queens Road, Aldershot, Hampshire, GU11 3JD.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

Significant judgements

The judgements (apart from those involving estimations) that management has made in the process of applying the entity's accounting policies and that have the most significant effect on the amounts recognised in the financial statements consist of the level of income relating to the year, but not yet to received to be shown in the accounts (including but not limited to Gift Aid receipts). The management have also considered the required accruals and prepayments for expenditure which are required so the account show a true and fair view.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

The Source Young People's Charity

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2018

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

The Source Young People's Charity

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2018

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Plant and machinery - 25% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Stocks

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost includes all costs of purchase, costs of conversion and other costs incurred in bringing the stock to its present location and condition.

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

4. Limited by guarantee

The Company is Limited by Guarantee and is a Charity registered with the Charity commission number 1112691. The Charity does not have a Share Capital, and has no income subject to Corporation tax.

The Source Young People's Charity

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2018

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £
Donations			
Churches and Organisations	16,345	–	16,345
Gifts from individuals	17,814	–	17,814
Grants			
Grants received	26,510	68,226	94,736
Other donations and legacies			
Gift Aid refunds	2,605	–	2,605
	<u>63,274</u>	<u>68,226</u>	<u>131,500</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Donations			
Churches and Organisations	19,883	1,043	20,926
Gifts from individuals	26,330	430	26,760
Grants			
Grants received	43,284	46,256	89,540
Other donations and legacies			
Gift Aid refunds	2,819	–	2,819
	<u>92,316</u>	<u>47,729</u>	<u>140,045</u>

6. Charitable activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £
BikeStart	18,265	–	18,265
Training income	2,907	–	2,907
Income from other services	572	–	572
	<u>21,744</u>	<u>–</u>	<u>21,744</u>

The Source Young People's Charity

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2018

6. Charitable activities *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
BikeStart	10,710	-	10,710
Counselling income	-	13,324	13,324
Training income	1,265	-	1,265
	<u>11,975</u>	<u>13,324</u>	<u>25,299</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2018 £	Unrestricted Funds £	Total Funds 2017 £
Fundraising events	<u>8,632</u>	<u>8,632</u>	<u>2,500</u>	<u>2,500</u>

8. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2018 £	Unrestricted Funds £	Total Funds 2017 £
Fundraising expenses	<u>2,518</u>	<u>2,518</u>	<u>-</u>	<u>-</u>

9. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £
Bike Start Expenses	9,216	-	9,216
IT Support	1,532	-	1,532
Licences and subscriptions	816	235	1,051
Printing, postage and stationery	738	-	738
Projects and activity	-	2,170	2,170
Rent and rates	29,260	-	29,260
Repairs and maintenance	1,674	-	1,674
Salaries, Tax and National Insurance	41,569	69,435	111,004
Sundry expenses	1,293	160	1,453
Training costs	253	191	444
Travel and subsistence	182	773	955
Utility costs	3,444	-	3,444
Support costs	6,714	550	7,264
	<u>96,695</u>	<u>73,514</u>	<u>170,209</u>

The Source Young People's Charity

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2018

9. Expenditure on charitable activities by fund type (continued)

	Unrestricted Funds £	Restricted Funds £	Total Funds 2017 £
Advertising and publicity	145	-	145
Bike Start Expenses	6,436	2,400	8,836
IT Support	573	-	573
Licences and subscriptions	602	-	602
Printing, postage and stationery	512	-	512
Projects and activity	16,700	-	16,700
Rent and rates	16,997	-	16,997
Repairs and maintenance	695	-	695
Salaries, Tax and National Insurance	44,364	53,365	97,729
Sundry expenses	1,324	-	1,324
Telephone costs	842	-	842
Training costs	1,061	-	1,061
Travel and subsistence	1,266	-	1,266
Utility costs	2,588	-	2,588
Volunteers expenses	48	-	48
Support costs	4,131	-	4,132
	<u>98,285</u>	<u>55,765</u>	<u>154,050</u>

10. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2018 £	Total fund 2017 £
Charitable activity	162,945	-	162,945	149,919
Governance costs	-	7,264	7,264	4,131
	<u>162,945</u>	<u>7,264</u>	<u>170,209</u>	<u>154,050</u>

11. Analysis of support costs

	Total 2018 £	Total 2017 £
Independent Examiners fee	1,680	1,785
Insurance costs	3,023	1,171
Legal and Professional	2,561	1,175
	<u>7,264</u>	<u>4,131</u>

12. Independent examination fees

	2018 £	2017 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>1,680</u>	<u>1,785</u>

The Source Young People's Charity

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2018

13. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2018	2017
	£	£
Wages and salaries	111,231	96,808

The average head count of employees during the year was 6 (2017: 6). The average number of full-time equivalent employees during the year is analysed as follows:

	2018	2017
	No.	No.
Staff in direct charitable activity	6	6

No employee received employee benefits of more than £60,000 during the year (2017: Nil).

14. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees

No trustee expenses have been incurred

15. Tangible fixed assets

	Plant and machinery
	£
Cost	
At 1 April 2017 and 31 March 2018	26,892
Depreciation	
At 1 April 2017 and 31 March 2018	26,458
Carrying amount	
At 31 March 2018	434
At 31 March 2017	434

16. Stocks

	2018	2017
	£	£
Raw materials and consumables	210	210

17. Debtors

	2018	2017
	£	£
Prepayments and accrued income	15,888	16,150
Other debtors	–	5,199
	<u>15,888</u>	<u>21,349</u>

The Source Young People's Charity

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2018

18. Creditors: amounts falling due within one year

	2018	2017
	£	£
Accruals and deferred income	18,630	1,680
Social security and other taxes	2,088	–
	<u>20,718</u>	<u>1,680</u>

19. Deferred income

	2018	2017
	£	£
Amount deferred in year	<u>16,950</u>	<u>–</u>

20. Analysis of charitable funds

Unrestricted funds

	At 1 April 2017	Income	Expenditure	Transfers	At 31 March 2018
	£	£	£		£
General funds	46,890	75,187	89,995	9,247	41,327
BikeStart	–	18,463	9,216	(9,247)	–
	<u>46,890</u>	<u>93,650</u>	<u>(99,213)</u>	<u>–</u>	<u>41,327</u>

Restricted funds

	At 1 April 2017	Income	Expenditure	At 31 March 2018
	£	£	£	£
Anger Management	2,400	9,730	12,130	–
Counselling	–	22,830	22,830	–
Youth Work/Mentoring	–	28,216	28,216	–
Support for Young Parents	2,888	7,450	10,338	–
	<u>5,288</u>	<u>68,226</u>	<u>73,514</u>	<u>–</u>

21. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds 2018	Total Funds 2017
	£	£	£	£
Tangible fixed assets	434	–	434	434
Current assets	43,502	18,109	61,611	53,424
Creditors less than 1 year	(2,609)	(18,109)	(20,718)	(1,680)
Net assets	<u>41,327</u>	<u>–</u>	<u>41,327</u>	<u>52,178</u>

The total free reserves at 31 March 2018 amounted to £41,327 (2017:£52,178).

The Source Young People's Charity

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2018

22. Financial instruments

The carrying amount for each category of financial instrument is as follows:

	2018	2017
	£	£
Financial assets measured at fair value through income and expenditure		
Financial assets measured at fair value through income and expenditure	45,512	31,865